



Pursuing Healing & Wholeness Through Prayer & Ministry

In all prayer and ministry for healing and wholeness:

- We minister in the name of Jesus Christ, through the leading and power of the Holy Spirit, to the glory of God the Father.
- We will respect & honour each individual and their personal faith journey
- We seek to provide physically, emotionally and spiritually safe environments and practices
- We come with expectancy that God is willing and able to bring healing and restoration.
- We come with a recognition that healing is in God's hands, not ours. Healing may not always look like what we expect or hope for, yet prayer will leave the recipient feeling loved by God.
- We come with the motivation to assist one another to walk more fully in the salvation, freedom and healing that God desires & provides for us.

There is no one method, tool or ministry that is the key to healing and wholeness in Christ. Jesus is that key. We simply minister out of faith and obedience. Jesus prayed for the sick, healed the afflicted and proclaimed freedom. He then tells his disciples, us, to go and do likewise. (Matthew 10:1, 5-6).

Prayer & Ministry in House Church

House church is the context for everyday and general "first level" prayer and ministry. Some prayer and ministry will take place during meetings. In other instances it will take place outside of the meeting time. Some needs will go beyond what a house church group or pastor is able or expected to fully minister to. In those instances other options (below) will be recommended if they are not already being pursued. Elders and pastoral staff are available to be called on.

Personal Support Circle

Individuals are encouraged to seek out and be in ongoing relationship 2 or 3 people with whom they can be transparent and accountable and mutually support one another in their Christian walk. This would include praying into areas of difficulty and encouraging one another to walk out their faith in obedience to God's word and in the power of the Holy Spirit.

Prayer & Ministry at Celebration

Generally prayer ministry offered at Celebration will focus specifically on the response to the preached message or other specific moves of the Holy Spirit in that meeting. We don't want any one to feel they can't ask for prayer for other immediate needs at Celebration, however we want to encourage house church as the primary context for receiving general prayer ministry.

Intercessory Prayer Teams

Where there is an acute or ongoing health issue or crisis that warrants specific prayer focus, an intercessory prayer team comprising appropriate people from across the church may be formed. This may include particular friends of the prayer recipient and those with identified gifts of intercession or concern for the particular issue being prayed for. A communications co-ordinator would usually be appointed for the team and they would circulate specific prayer requests and updates by email or text. Direct communication with the prayer recipient is determined on a case by case basis.

Ruach's Freedom & Healing Prayer Ministry (*under development*)

This is an extended time of personal prayer ministry offered to assist people to walk more fully in the salvation, freedom and healing that God desires for us all. It is particularly appropriate for areas where someone might be "stuck" and not able to work out why. This type of prayer ministry provides an opportunity to allow God to deal with the wounds and lies that we accumulate through life. These wounds and lies can affect our relationship with the Father, Son and/or Holy Spirit, and hinder our ability to walk in the fullness of life that Jesus has made available to us. (John 10:10).

Ministry is conducted by a team whose members have been authorised by Ruach as having an appropriate level of maturity, integrity, training and experience. Two ministry team members pray with an individual recipient. Ministry is by appointment.

This ministry is currently under development within Ruach. At present we do not have an experienced team in place. However, if you are in need of this type of prayer and healing please contact Katherine and we will make arrangements for you to receive ministry from appropriate people within or known to Ruach. katherine@ruach.org.au or 0411 339 226.

Other Christian Freedom & Healing Ministries

Other specialist healing and wholeness ministries outside of our own church community that we recommend include:

- **Set Free Course (Northridge Vineyard Church)**
This provides a “spiritual health check” and opportunity to address spiritually unhelpful or damaging things that may knowingly or unknowingly be part of our lives. Being set free of such things can have an immediate and long term impact on our walk with God.
- **Ellel Ministries: ellel.org/au**
Ministry based on Luke 9:11, where Jesus ‘welcomed the people, taught them about the Kingdom of God and healed those in need.’ Ellel offers healing services, day & weekend ministry events & courses, training – all of which include a personal ministry time.
- **Healing Rooms: www.healingrooms.com.au**
Primarily prayer for physical healing, but also anything else the Lord reveals. Various centres, including Manly and Chatswood.
- **Presence Nights (*Wednesday nights at Lauren Delaney’s home, Ryde*)**
Presence Nights are held weekly and are primarily an opportunity to spend time in the presence of the Holy Spirit in the company of others. These are not specifically healing or prayer nights. However, through the setting aside of time and deliberately seeking the presence and power of the Holy Spirit an opportunity for Him to heal and minister is opened up.

Professional Counselling & Medical Care

Ruach does not provide professional counselling services itself, but may recommend such services as a helpful or the most appropriate option. We can assist people to find a professional Christian Counsellor or Psychologist that suits their needs.

Professional medical care and advice should be sought where appropriate.